

1	2302	Collins	Diarmuid		M	Sen	0:17:23	0:17:32	0:34:56	0:34:55
2	1754	Cadogan	Ross		M	Sen	0:18:54	0:19:37	0:38:31	0:38:27
3	2247	Tyrrell	Gar		M	Sen	0:19:02	0:19:38	0:38:41	0:38:40
4	2093	Murphy	Brian		M	Sen	0:19:26	0:19:41	0:39:12	0:39:08
5	2248	TYRRELL	JACK	TALLAGHT A.C	M	V 50	0:19:31	0:19:43	0:39:15	0:39:14
6	2150	OMir	Oisin		M	Sen	0:19:32	0:19:47	0:39:20	0:39:19
7	2138	O'Dwyer	Tom		M	Sen	0:19:32	0:20:18	0:39:51	0:39:50
8	1984	Mc Manus	Ian		M	Sen	0:20:26	0:20:26	0:40:53	0:40:44
9	2208	Ryan	Niall		M	Sen	0:19:33	0:21:47	0:41:22	0:41:21
10	1942	hendrick	niall		M	Sen	0:20:34	0:21:01	0:41:35	0:41:34
11	2130	Oconnor	Chris		M	Sen	0:20:55	0:20:42	0:41:37	0:41:32
12	2206	Ryan	Evan	The Kenmens	M	Sen	0:20:43	0:20:54	0:41:38	0:41:35
13	2234	Swan	Des		M	Sen	0:20:42	0:20:59	0:41:41	0:41:39
14	1987	kinneen	andrew	The Kenmens	M	Sen	0:20:44	0:21:00	0:41:44	0:41:42
15	1854	Durkan	Peter		M	Sen	0:20:51	0:21:05	0:41:55	0:41:49
16	2252	Vasconi	Luca		M	V 40	0:20:39	0:21:20	0:41:59	0:41:59
17	2257	walsh	Brian		M	Sen	0:20:25	0:22:02	0:42:28	0:42:27
18	1762	Carroll	Shane		M	Sen	0:21:19	0:21:49	0:43:08	0:43:06
19	1715	Bestue Alonso	Juan	Ande'sta el limite	M	Sen	0:20:50	0:22:27	0:43:17	0:43:11
20	1775	Clarke	John		M	V 40	0:21:46	0:21:55	0:43:40	0:43:38
21	1936	Hayes	Dave	St Anne's GAA Club	M	Sen	0:21:44	0:22:05	0:43:49	0:43:44
22	2004	Lowry	Gerard		M	Sen	0:20:53	0:23:02	0:43:56	0:43:54
23	2225	Smith	Shane	St Anne's GAA Club	M	Sen	0:21:45	0:22:28	0:44:13	0:44:06
24	1780	Collins	John		M	V 40	0:21:58	0:22:28	0:44:26	0:44:21
25	1824	Donnelly	Declan		M	V 40	0:21:37	0:22:50	0:44:28	0:44:24
26	1714	Bergin	Stephanie		F	Sen	0:22:07	0:22:23	0:44:31	0:44:26
27	2011	Macbain	Philip		M	Sen	0:22:36	0:21:57	0:44:32	0:44:18
28	2177	Quinn	Graham		M	Sen	0:22:34	0:22:35	0:45:09	0:45:00
29	2300	Fitzpatrick	Gareth		M	Sen	0:22:17	0:22:56	0:45:12	0:44:59
30	2201	Ryan	Dave	Southside Fitness	M	V 50	0:22:10	0:23:04	0:45:14	0:45:08
31	1742	Brien	Eamonn		M	Sen	0:22:03	0:23:15	0:45:18	0:45:11
32	2046	McGee	Ian		M	Sen	0:21:51	0:23:27	0:45:18	0:45:16
33	1788	corrigan	colm		M	Sen	0:21:58	0:23:22	0:45:20	0:45:18
34	1761	Carroll	Adam		M	Sen	0:21:56	0:23:34	0:45:30	0:45:28
35	1773	Cattley	simon	south dublin swans	M	V 40	0:21:54	0:23:44	0:45:38	0:45:34
36	1887	Forde	John		M	Sen	0:22:29	0:23:18	0:45:47	0:45:43

37	2019	Maher	Miriam		F	Sen	0:22:16	0:23:33	0:45:49	0:45:45
38	1859	Elliott	Bronagh		F	Sen	0:23:08	0:22:41	0:45:49	0:45:39
39	1918	Gorman	Seamus		M	Sen	0:22:22	0:23:29	0:45:51	0:45:47
40	2268	Ward	Colm		M	Sen	0:23:21	0:22:32	0:45:53	0:45:44
41	1747	burke	Stephen		M	Sen	0:24:06	0:21:53	0:45:59	0:45:27
42	2285	Worrall	JJ		M	Sen	0:23:05	0:23:05	0:46:10	0:46:04
43	1864	Eustace	Andrew		M	V 40	0:22:44	0:23:32	0:46:16	0:46:10
44	1732	Brady	Shay	St Anne's GAA Club	M	Sen	0:22:43	0:23:40	0:46:23	0:46:17
45	2220	Sheehy	Alan		M	Sen	0:23:39	0:22:47	0:46:26	0:46:19
46	1908	Gilmartin	Adrian		M	Sen	0:23:04	0:23:25	0:46:29	0:46:15
47	1943	Hendrick	Paul		M	V 40	0:21:49	0:24:56	0:46:45	0:46:43
48	1907	Gillick	Eileen		F	Sen	0:23:13	0:23:34	0:46:46	0:46:41
49	2178	quinn	paul		M	V 40	0:22:44	0:24:05	0:46:48	0:46:46
50	2211	Sammon	John		M	Sen	0:23:39	0:23:10	0:46:50	0:46:40
51	1852	Dunne	Olly		M	V 40	0:23:35	0:23:17	0:46:52	0:46:36
52	2236	Sweeney	Paul		M	Sen	0:22:36	0:24:34	0:47:09	0:47:08
53	1847	DUNNE	HELEN	TALLAGHT A.C	F	V 50	0:23:23	0:23:51	0:47:14	0:47:11
54	1892	Fox	Eugene		M	Sen	0:23:14	0:24:00	0:47:14	0:47:04
55	1795	Cummins	Shaun		M	Sen	0:23:36	0:23:42	0:47:18	0:47:03
56	1885	Foran	Richard		M	Sen	0:24:07	0:23:19	0:47:25	0:47:08
57	2085	Mooney	Frank		M	V50	0:24:21	0:23:09	0:47:30	0:47:15
58	2196	Rowland	Eileen		F	V 50	0:23:05	0:24:26	0:47:31	0:47:24
59	2064	McManus	Fiona		F	Sen	0:23:10	0:24:29	0:47:39	0:47:30
60	1748	Bushell	Caolan		M	Sen	0:23:29	0:24:10	0:47:39	0:47:34
61	1712	Bell	Colin		M	V 40	0:24:04	0:23:35	0:47:39	0:47:22
62	2069	mcshane	jean		F	Sen	0:24:16	0:23:27	0:47:42	0:47:28
63	2124	OConnell	Martin		M	Sen	0:24:24	0:23:21	0:47:45	0:47:32
64	1925	Groarke	Michele		F	V 40	0:23:36	0:24:16	0:47:53	0:47:48
65	2213	Sanchez Becerril	Javier	And'esta el limite	M	Sen	0:24:42	0:23:15	0:47:57	0:47:46
66	1981	Keogh	Garrett	Keoghies	M	Sen	0:23:16	0:24:46	0:48:02	0:47:49
67	2125	O'Connell	Brian		M	Sen	0:23:44	0:24:29	0:48:14	0:47:58
68	2083	Moloney	Ray		M	V 40	0:23:53	0:24:31	0:48:24	0:48:08
69	1769	Casey	Linda		F	V50	0:24:10	0:24:24	0:48:34	0:48:26
70	1997	Lennon	Michael		M	Sen	0:23:26	0:25:20	0:48:46	0:48:42
71	1916	Goggin	Liam		M	Sen	0:23:54	0:24:52	0:48:46	0:48:37
72	1893	Fox	Shane		M	Sen	0:23:39	0:25:28	0:49:07	0:48:56

73	1826	Donohue	Paul		M	Sen	0:23:23	0:25:57	0:49:20	0:49:09
74	2023	malone	leo	tj's epilepsy journey	M	Sen	0:24:11	0:25:21	0:49:32	0:49:07
75	2259	Walsh	Irene		F	V 50	0:23:43	0:25:53	0:49:36	0:49:33
76	2258	Walsh	Fergus	St Anne's GAA Club	M	V 40	0:24:03	0:25:38	0:49:42	0:49:36
77	2131	OConnor	Darren		M	Sen	0:25:55	0:24:22	0:50:17	0:49:41
78	2203	Ryan	Declan		M	V 40	0:24:40	0:25:44	0:50:24	0:50:21
79	2091	Mulcahy	Suzanne		F	Sen	0:26:14	0:24:49	0:51:03	0:50:34
80	1899	Gallagher	Joanne		F	Sen	0:25:35	0:25:32	0:51:08	0:51:02
81	1711	beaufort	gavin		M	Sen	0:23:39	0:27:38	0:51:17	0:51:08
82	2088	Moran	Sarah Rose		F	Sen	0:25:46	0:25:45	0:51:31	0:51:15
83	1910	Gilvarry	John		M	V 40	0:25:33	0:26:02	0:51:36	0:51:33
84	2260	Walsh	Kate		F	Sen	0:25:33	0:26:04	0:51:37	0:51:14
85	1707	Ballantyne	Fionnuala		F	V 40	0:25:53	0:25:49	0:51:42	0:51:34
86	1720	Blake	Gavin		M	Sen	0:25:52	0:26:12	0:52:04	0:52:01
87	2033	McCluskey	Darren		M	Sen	0:25:52	0:26:12	0:52:04	0:52:01
88	1998	Leonard	David		M	Sen	0:26:54	0:25:13	0:52:07	0:51:46
89	1702	Agar	Carole		F	V 40	0:25:53	0:26:26	0:52:18	0:52:10
90	2182	Reddy	Tom		M	Sen	0:27:04	0:25:27	0:52:32	0:52:07
91	2103	murray	mairead		F	V 40	0:26:58	0:25:34	0:52:32	0:52:08
92	2089	Moroney	Philip		M	V 40	0:25:05	0:27:27	0:52:32	0:52:27
93	2226	Spain	David		M	V 40	0:25:57	0:26:38	0:52:35	0:52:21
94	2303	O'Regan	Michael		M	V 50	0:25:01	0:27:33	0:52:35	0:52:17
95	2200	Ryan	Catherine	Southside Fitness	F	V 40	0:25:04	0:27:32	0:52:36	0:52:32
96	2067	McQuerins	Tom		M	V 40	0:26:59	0:25:40	0:52:39	0:52:15
97	2243	Trayers	Brian		M	V 40	0:25:00	0:27:42	0:52:42	0:52:36
98	2141	O'Gorman	Mark		M	Sen	0:27:24	0:25:19	0:52:43	0:52:17
99	2112	nevins	damien	st.annes/crossfit	M	V 40	0:26:47	0:26:00	0:52:47	0:52:25
100	1985	Kilroy	Alan		M	Sen	0:27:54	0:25:03	0:52:57	0:52:42
101	2210	Ryan	Stephen		M	V 40	0:27:02	0:26:02	0:53:04	0:52:37
102	1772	Castellano Ariza	Victor	Ande'sta el limite	M	Sen	0:25:33	0:27:35	0:53:08	0:52:56
103	1751	Byrne	Orla	Cross Fit St. Annes	F	Sen	0:26:51	0:26:22	0:53:13	0:52:53
104	1750	byrne	niall	St Annes Crossfit	M	V 40	0:26:51	0:26:25	0:53:17	0:52:58
105	1803	Daly	Fergus	oss Fit St. Annes Bohernabree	M	V 40	0:26:32	0:26:57	0:53:29	0:53:02
106	2042	McDonald	Stephen	Southside Fitness	M	V 40	0:24:26	0:29:03	0:53:30	0:53:23
107	2161	oshea	garech		M	V 40	0:26:38	0:26:55	0:53:33	0:53:08
108	2101	Murphy-White	Bronwyn	Sportsworld Terenure	F	Sen	0:30:13	0:23:38	0:53:51	0:53:28

109	2266	Walshe	Paul		M	Sen	0:25:49	0:28:10	0:53:59	0:53:51
110	2204	Ryan	Dillon	Ballyboden St Endas	M	Sen	0:26:16	0:27:54	0:54:10	0:54:06
111	1735	Brennan	Aisling		F	V 40	0:26:55	0:27:17	0:54:12	0:53:53
112	2017	MaGuire	Brian		M	Sen	0:27:02	0:27:15	0:54:17	0:53:53
113	2152	O'Neill	Emily		F	Sen	0:27:17	0:27:09	0:54:27	0:54:14
114	1877	Flannery	Kara		F	V 40	0:27:17	0:27:12	0:54:30	0:54:17
115	2018	Maguire	Tomas		M	Sen	0:27:39	0:26:54	0:54:33	0:54:08
116	1934	Hartnett	Maeve		F	Sen	0:27:27	0:27:12	0:54:39	0:54:22
117	1889	Forde	Suzanne		F	Sen	0:26:11	0:28:29	0:54:39	0:54:35
118	2076	Mills	Iris	Tara AC	F	V 50	0:27:12	0:27:40	0:54:53	0:54:34
119	1986	King	SallyAnn		F	Sen	0:27:03	0:28:03	0:55:06	0:54:52
120	1765	Carter	Daniel		M	Sen	0:27:09	0:27:58	0:55:07	0:54:51
121	2009	Lyons	Philip		M	Sen	0:27:04	0:28:03	0:55:08	0:54:53
122	2104	Murray	Peter		M	Sen	0:27:51	0:27:21	0:55:12	0:54:53
123	2244	turner	eleanor		F	V 40	0:28:31	0:26:56	0:55:28	0:54:59
124	2197	Rowley-Brooke	Roisin		F	Sen	0:27:33	0:27:55	0:55:29	0:55:01
125	2245	Turner	Patrick	Patrick Turner	M	V 40	0:28:32	0:26:57	0:55:29	0:55:00
126	1809	de Bruijn	Josh		M	Sen	0:27:51	0:27:39	0:55:30	0:55:21
127	1786	Corcoran	Jacinta		F	V 40	0:26:44	0:28:49	0:55:33	0:55:23
128	1941	Heavey	Deirdre		F	Sen	0:28:00	0:27:40	0:55:40	0:55:16
129	1902	Gallwey	Martin		M	Sen	0:27:28	0:28:12	0:55:41	0:55:33
130	2147	O'Looney	Geraldine		F	Sen	0:28:38	0:27:03	0:55:41	0:55:12
131	2176	Quinn	Gerard		M	V 40	0:27:01	0:28:45	0:55:46	0:55:40
132	2038	McCran	Jodie		F	Sen	0:28:00	0:27:47	0:55:47	0:55:23
133	1834	Doyle	Deirdre		F	V 40	0:27:33	0:28:28	0:56:01	0:55:38
134	1744	Browne	Sinead	TJ's Epilepsy Journey	F	Sen	0:27:36	0:28:32	0:56:09	0:55:54
135	2041	McDonald	Colette	Southside Fitness	F	V 50	0:27:12	0:28:58	0:56:11	0:56:04
136	2056	McKenna	Ursula		F	Sen	0:28:19	0:27:56	0:56:15	0:55:53
137	2034	McCormack	Denis		M	V50	0:28:11	0:28:07	0:56:18	0:55:48
138	2054	McKenna	Eilish		F	Sen	0:28:19	0:27:59	0:56:18	0:55:56
139	1733	Breathnach	Niamh		F	Sen	0:28:23	0:28:00	0:56:22	0:56:04
140	2071	Meany	Alan		M	Sen	0:32:06	0:24:32	0:56:37	0:56:07
141	2186	Reilly	Colum		M	Sen	0:26:30	0:30:10	0:56:40	0:56:21
142	1970	Kelly	Andrea		F	Sen	0:28:10	0:28:30	0:56:40	0:56:25
143	2298	O'Connor	Niamh		F	Sen	0:28:14	0:28:45	0:56:59	0:56:47
144	2055	McKenna	Jonathan		M	Sen	0:28:23	0:28:37	0:56:59	0:56:39

145	1870	Feighery	Jen	JF Personal Training	F	Sen	0:28:56	0:28:10	0:57:06	0:57:00
146	1791	Cosgrove	Ciara		F	Sen	0:28:56	0:28:11	0:57:06	0:57:00
147	2145	O'Keefe	Laura		F	Sen	0:28:21	0:28:45	0:57:07	0:56:58
148	1723	Boland	Conor		M	Sen	0:28:35	0:28:38	0:57:14	0:56:42
149	2129	O'Connor	Aishling	Hairy hARRIERS	F	Sen	0:28:14	0:29:17	0:57:31	0:57:19
150	2271	Webb	Jennifer	South Side Fitness	F	Sen	0:28:34	0:29:04	0:57:38	0:57:07
151	2166	Pierce	Ray		M	Sen	0:29:50	0:27:52	0:57:41	0:57:14
152	2167	Pierce	Vivien		F	Sen	0:29:50	0:27:52	0:57:41	0:57:14
153	2253	verrecchia	maria		F	Sen	0:29:06	0:28:36	0:57:42	0:57:23
154	1958	Hunt	Andrea		F	Sen	0:28:30	0:29:47	0:58:17	0:57:59
155	1757	Campbell	Meadhbh		F	Sen	0:29:05	0:29:19	0:58:23	0:57:58
156	2007	Lynch	Siobhain		F	Sen	0:29:31	0:28:56	0:58:28	0:58:11
157	2137	O'driscoll	Audrai		F	V 40	0:28:21	0:30:18	0:58:39	0:58:31
158	2237	Swords	Ann	Hairy Harriers	F	Sen	0:29:48	0:29:06	0:58:54	0:58:41
159	1980	Kenny	Stephen		M	Sen	0:31:14	0:27:49	0:59:03	0:58:31
160	1719	Blais	Celine	Bounce Fitness	F	V 40	0:30:08	0:29:20	0:59:28	0:59:00
161	2275	White	Laura		F	Sen	0:29:13	0:30:22	0:59:34	0:59:17
162	2098	Murphy	Peter		M	Sen	0:29:12	0:30:23	0:59:35	0:59:19
163	2284	Wodyk	Igor		M	Sen	0:28:09	0:31:31	0:59:40	0:59:36
164	2053	mcguinness	ian		M	V 40	0:28:09	0:31:31	0:59:40	0:59:36
165	1844	dunleavy	sandra	Crossfit St Annes gaa	F	V 40	0:29:29	0:30:15	0:59:44	0:59:20
166	1853	Durkan	Marianne		F	Sen	0:28:56	0:30:49	0:59:44	0:59:37
167	1822	Donaghey	Claudia	TJ's Crew	F	Sen	0:29:07	0:30:37	0:59:44	0:59:35
168	1972	Kelly	Lesley	Ladies_size_12	F	Sen	0:30:26	0:29:33	0:59:59	0:59:26
169	2292	Ryan	Irene		F	Sen	0:28:23	0:31:40	1:00:02	0:59:52
170	2291	Ryan	John		M	V 40	0:28:23	0:31:40	1:00:03	0:59:52
171	1954	Hughes	Katie		F	Sen	0:29:42	0:30:29	1:00:10	0:59:41
172	2194	Rooney	Ken		M	Sen	0:29:26	0:30:47	1:00:13	1:00:04
173	1778	Coffey	Maureen		F	V 50	0:30:15	0:30:01	1:00:16	0:59:45
174	1955	Hughes	Louise		F	Sen	0:29:34	0:30:55	1:00:28	1:00:11
175	1705	Allman	Amber		F	Sen	0:28:52	0:31:38	1:00:30	1:00:15
176	1858	Eigner	Elisabeth		F	Sen	0:30:54	0:29:38	1:00:32	1:00:09
177	1946	Hiesberger	Cornelia		F	Sen	0:30:54	0:29:38	1:00:32	1:00:10
178	1994	Lawson	David	Crusaders	M	Sen	0:23:37	0:37:21	1:00:58	1:00:39
179	1850	Dunne	Karen		F	V 40	0:29:45	0:31:17	1:01:03	1:00:50
180	2157	O'Reilly	Sinead		F	Sen	0:29:46	0:31:22	1:01:08	1:00:54

181	1973	Kelly	Linda	Southside Fitness	F	V 40	0:29:58	0:31:16	1:01:14	1:00:45
182	1796	Cunningham	Dermott	TJ's Epilepsy Journey	M	Sen	0:28:58	0:32:24	1:01:23	1:01:13
183	1952	Hughes	Amy		F	Sen	0:30:16	0:31:13	1:01:28	1:01:11
184	2037	McCormack	Veronica		F	V 40	0:30:22	0:31:07	1:01:29	1:00:59
185	1898	Gallagher	Cathal		M	Sen	0:30:16	0:31:14	1:01:30	1:01:10
186	1779	Collins	Cathrine		F	V 40	0:31:12	0:30:30	1:01:43	1:01:21
187	2140	O'Gorman	Louise		F	Sen	0:31:12	0:30:31	1:01:44	1:01:21
188	1979	Kenny	Aisling		F	Sen	0:31:50	0:29:55	1:01:45	1:01:13
189	1718	Bishop	Jennifer		F	Sen	0:29:50	0:32:06	1:01:57	1:01:44
190	2278	Williams	Dermot		M	Sen	0:29:51	0:32:07	1:01:58	1:01:38
191	2250	Vance	Paula		F	Sen	0:31:55	0:30:28	1:02:23	1:01:55
192	1996	Lee	Lorna		F	Sen	0:31:13	0:31:28	1:02:41	1:02:19
193	1901	Gallogly	Kathrina		F	Sen	0:31:13	0:31:29	1:02:42	1:02:19
194	2025	Mara	Aisling		F	Sen	0:30:35	0:32:23	1:02:58	1:02:47
195	1804	daly	mairead		F	V 40	0:30:24	0:32:36	1:03:01	1:02:52
196	2068	mcshane	jean		F	Sen	0:29:46	0:33:23	1:03:09	1:02:55
197	1710	Barry	Dawn		F	Sen	0:31:41	0:31:33	1:03:15	1:02:47
198	2272	Wharton	Carol		F	Sen	0:32:05	0:31:12	1:03:17	1:02:47
199	1860	Ennis	Declan	Crossfit St Annes	M	Sen	0:30:40	0:32:41	1:03:21	1:03:00
200	1978	Kennedy	Margaret		F	V50	0:31:02	0:32:22	1:03:24	1:02:57
201	1903	Garvey	Bernadette		F	V 40	0:32:10	0:31:22	1:03:32	1:03:14
202	2274	Whelan	Stephanie		F	V 40	0:31:11	0:32:25	1:03:36	1:03:32
203	1944	Hickey	Ciaran		M	Sen	0:31:04	0:32:35	1:03:39	1:03:30
204	2158	O'Reilly	Liz		F	Sen	0:31:36	0:32:13	1:03:49	1:03:27
205	1964	Kavanagh	Tracy		F	Sen	0:31:20	0:32:32	1:03:52	1:03:33
206	1760	carolan	sinead	TALLAGHT ATHLETIC CLUB	F	Sen	0:30:35	0:33:17	1:03:53	1:03:42
207	1722	Blunden	Alice	Hairy Harriers	F	Sen	0:29:59	0:34:04	1:04:03	1:03:50
208	1879	flood	sinead	st annes crossfit	F	V 40	0:30:28	0:33:54	1:04:23	1:04:03
209	2228	Stafford	Mary		F	V 40	0:32:11	0:32:15	1:04:26	1:04:09
210	1937	HAYES	KAREN		F	Sen	0:30:21	0:34:06	1:04:27	1:04:19
211	2192	Rogers	Bernie	Maree AC	F	V 40	0:31:08	0:33:23	1:04:31	1:04:21
212	1992	Lawless	Jennifer		F	Sen	0:31:04	0:33:38	1:04:42	1:04:30
213	1872	Fitzmaurice	Emma		F	Sen	0:31:03	0:33:39	1:04:42	1:04:30
214	1950	Holmes	Graham		M	Sen	0:31:43	0:33:09	1:04:51	1:04:45
215	1763	Carroll	Susan		F	Sen	0:31:38	0:33:31	1:05:09	1:04:46
216	1894	Frawley	Sarah		F	Sen	0:32:19	0:32:54	1:05:13	1:04:58

217	2219	Sheehan	Eileen		F	Sen	0:31:38	0:33:36	1:05:14	1:04:51
218	1855	Egan	Cassy		F	Sen	0:31:38	0:33:43	1:05:21	1:05:04
219	2172	Pyper	Kevin		M	V 40	0:32:21	0:33:36	1:05:57	1:05:37
220	2294	Vance	Carol		F	V 40	0:32:52	0:33:45	1:06:37	1:06:16
221	1802	currid	deirdre		F	V 40	0:32:04	0:34:35	1:06:38	1:06:11
222	2170	Purcell	Rebecca		F	Sen	0:32:17	0:34:31	1:06:48	1:06:17
223	2057	McKeon	Alan		M	Sen	0:33:24	0:33:30	1:06:54	1:06:36
224	2202	Ryan	Dean	Southside Fitness	M	Sen	0:29:43	0:37:31	1:07:14	1:07:10
225	2121	O'Brien	Patricia		F	V 40	0:34:41	0:32:56	1:07:37	1:07:18
226	2149	O'Meara	Helen		F	Sen	0:32:33	0:35:15	1:07:48	1:07:27
227	1721	Blennerhassett	Lucy		M	V 40	0:34:38	0:33:21	1:07:59	1:07:31
228	1851	Dunne	Karl	Bounce Fitness	M	Sen	0:33:12	0:34:58	1:08:10	1:07:45
229	2050	McGrath	Maura		F	V 40	0:33:08	0:35:27	1:08:36	1:08:23
230	1990	Lalor	Ana		F	Sen	0:34:01	0:35:18	1:09:19	1:08:46
231	2075	Miller	Jenny		F	Sen	0:34:01	0:35:18	1:09:19	1:08:46
232	2254	Vickers	Laurine		F	V 40	0:34:44	0:35:10	1:09:54	1:09:23
233	2109	Nally	Eimear		F	V 40	0:34:16	0:35:40	1:09:56	1:09:48
234	1730	Brady	Brigid		F	V 40	0:33:48	0:36:15	1:10:02	1:09:39
235	1915	Glennon Carr	Valerie		F	V 40	0:33:48	0:36:15	1:10:03	1:09:39
236	1862	Etchingham	Catherine		F	V 50	0:34:40	0:35:25	1:10:05	1:09:39
237	1909	Gilson	Patrick		M	V 50*	0:34:11	0:36:43	1:10:53	1:10:43
238	2123	O'Brien	Stephen		M	V 40	0:34:44	0:36:10	1:10:54	1:10:34
239	1746	Burke	Grainne		F	V 40	0:34:18	0:37:19	1:11:37	1:11:29
Place	Bib	Name	Surname	Club	Sex	Cat	Lap 1	Lap 2	Race Time	Chip Time
	1738	Brennan	John		M	V 40	0:35:40		DNF @ 1 lap	
	1798	Cunningham	Louise	TJ's Epilepsy Journey	F	Sen	0:42:17		DNF @ 1 lap	
	1819	Dillon	Joan		F	V 40	0:32:16		DNF @ 1 lap	
	1865	Faherty	Laura		F	Sen	0:37:41		DNF @ 1 lap	
	1868	Farely	Aisling	Ballyboden St Endas	F	Sen	0:28:49		DNF @ 1 lap	
	1886	Foran	Sean		M	V 40	0:26:05		DNF @ 1 lap	
	1891	foster	kim		F	V 40	0:37:41		DNF @ 1 lap	
	1930	Hand	Conor		M	Sen	0:24:23		DNF @ 1 lap	
	1977	Kelly	Trisha	Lakeshore striders	F	Sen	0:32:44		DNF @ 1 lap	
	1982	Keogh	Janet		F	Sen	0:33:56		DNF @ 1 lap	
	2059	McKeon	Lynda		F	Sen	0:36:37		DNF @ 1 lap	
	2074	Menary	Alistair		M	Sen	0:47:48		DNF @ 1 lap	

	2078	Mills	Robert		M	V 50*	0:36:37		DNF @ 1 lap	
	2169	Prendergast	Nuala		F	Sen	0:30:44		DNF @ 1 lap	
	2188	Roche	Aisling		F	Sen	0:32:05		DNF @ 1 lap	
	2293	Hoey	Barbara		F	V 50	0:34:50		DNF @ 1 lap	